

PHILOSOPHY

The main objective of the **Champion**



PLAY HARD;
PLAY SMART;
PLAY TOGETHER!

Football Camp is to provide young players the opportunity to learn fundamental football skills. Your child will have fun while learning skills, drills, and tech-

niques to help him excel in the game and reach his full potential.

Our camp staff will promote concepts of hard work, dedication, and commitment toward achieving a goal. It will be a fun-filled week with new friends, a greater appreciation for the game of football, and excitement toward the upcoming season.

REGISTRATION

*Cost: \$90 Before May 1st
\$100 Before July 1st
\$110 Walk-In Registration

A deposit of \$50 (or payment in full) is required with complete application. Balance is due the first day of camp.

Checks payable to: MHS Football

Middletown Football Camp
200 Schoolhouse Dr.
Middletown, MD 21769

*Family and hardship discounts available.
Call Coach Lynott for more information
(301) 471-1102

FEATURES

Daily Instruction from enthusiastic camp staff that emphasizes the following fundamentals of the game:

- Blocking
- Passing
- Pass Routes
- Alignment
- Reading
- Pursuit
- Ball Handling
- Pass Defense
- Run Defense
- Position Techniques
- Punting
- Kicking
- Snapping
- Receiving

ADDITIONAL FEATURES

- Small Team Games
- Skills Contests
- Camp T-Shirt
- Players grouped by Age and Ability
- "Camper of the Day"
- Mid-morning Snack
- Daily Prize Drawings
- Pool use (after camp)
- Concessions (after camp)



SCHEDULE

Monday—Friday

7:30—11:30 a.m.

Awards Assembly

Friday—10:45

REGISTRATION FORM CHAMPION FOOTBALL CAMP AT MIDDLETOWN HIGH SCHOOL

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Parent Email: _____

Grade (Fall 2008): _____

T-shirt size: Youth S M L

Adult S M L XL XXL

Partial Payment enclosed: \$ _____

Full Payment Enclosed: \$ _____

Family Discount: \$10 each (2)

\$20 each (3+)

Position you want during camp (circle one). Each camper will have an offensive and defensive position.

Offense: RB QB OL REC

Defense: DL LB DE DB

*Undecided: Daily Position Rotation

**Very basic fundamentals given for rotation option.*

PARENTAL PERMISSION

The Medical insurance provided by MHS Sports Camps is in the form of a secondary coverage policy. This means that only those medical charges NOT covered by the family medical insurance will be covered by camp policy.

I authorize the adult camp staff to act for me according to their best judgment in a situation requiring medical attention for my child.

Signature: _____

Date: _____ Emergency #: _____

Medical concerns regarding your child:

CAMP STAFF

The Middletown Football Camp Staff consists of MHS coaches, current players (several of which will be college athletes next year) and former MHS football players (most of which are current college players or area coaches). Our high school coaches and former players will be instructors while our current athletes will be camp counselors. Our instructors have over 80 combined years coaching experience at the high school & college levels.

Our goal is to help campers improve their skills as well as their self-esteem. Staff members will portray a high



level of enthusiasm while reinforcing the importance of strong fundamentals, hard

work, goal setting skills & team chemistry.

TYPICAL DAY

7:30	Warm-up / Stretch
7:50	Coach's Announcements
7:55	Skills Stations
8:35	Offensive Instruction
9:30	Team Games
9:45	Defensive Instruction
10:40	Team Games
11:15	Ind. Contests / Prizes
11:25	Wrap Up

CHAMPION FOOTBALL CAMP
Middletown High School
200 Schoolhouse Drive
Middletown, MD 21769



CHAMPION FOOTBALL CAMP

AT MIDDLETOWN HIGH SCHOOL

MHS FOOTBALL TEAM HONORS:

14 MVAL League Championships

15 Maryland State Playoff Appearances

1981, 1991, 2002 MD State Finals

Go Knights!

**Monday-Friday
JULY 21-25
For boys currently in
grades 2-8**